



Gymnastics *monthly*

BOWEN ISLAND GYMNASTICS CLUBS
MONTHLY NEWSLETTER

Spring into Gymnastics!

Spring is a busy time for Bowen Island Gymnastics! We have many competitive and recreational events happening in the next few months including our annual Gym –a’-thon and Year End Show involving all of our gymnasts from the youngest to oldest!

Please note the following dates for upcoming Gymnastics Events:

**April 24: 2010 Zone 5 Gymnastics Championships
(hosted by Bowen Island Gymnastics)**

May 26 – 29th: Gym – a –Thon (all gymnasts)

**June 19: Bowen Island Gymnastics Year End Show at 3:15 pm – 4:30 pm
(all gymnasts)**

Competitive News

Bowen Island Gymnastics is pleased to host this years 2010 Zone 5 Championships. Clubs from Sea to Sky and the Lower Mainland will be participating in this Championship Meet.

Besides cheering on our gymnasts, there will be a concession from Tuscany/Artisan Eats, a body suit and gymnastics-clothing sale along with raffles and 50/50 draws each session and the very popular Kid's Airplane Toss for great prizes!

We need many volunteers to make this meet a success, if you are able to volunteer for a few hours or donate to our raffle baskets or kids airplane toss pleas contact: at: ljbrougham@look.ca.



BOWEN ISLAND GYMNASTICS CLUB

**ZONE 5 CHAMPIONSHIPS
KIP & INTERCLUB INVITATIONAL**

April 24TH 2010

BOWEN ISLAND COMMUNITY SCHOOL

Level One Argo

Warm up 9:00 am

Compete/Awards: 11:30 am

Level One Tyro: 12 & Level One Novice: 5

Warm up 11:30 a.m.

Compete/ Awards: 12:00 p.m. - 1:30 p.m.

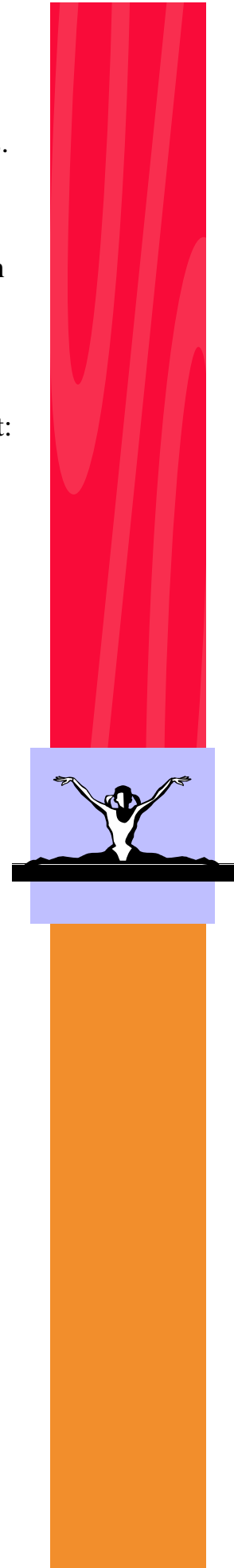
Level 2 Tyro/Level 2 Novice/ Level 2 & 3 Open/KIP

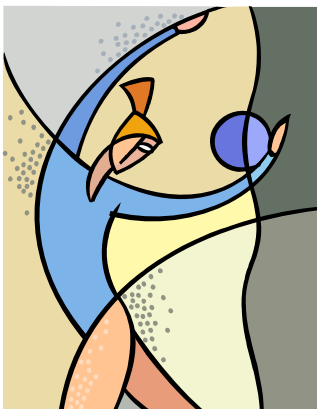
Warm up: 1:30 p.m.

INTERCLUB

Warm up: 3:30 p.m.

Compete/ Awards: 4:00 p.m. – 5:30 p.m.





Sr Girls go to National
Gymnaestrada!

**FUNDRAISER for:
Bowen Island National
Gymnaestrada Team**

**Friday April 16th at the
BOWEN ISLAND PUB**

**Featuring the
ADAM WOODALL BAND!
BURGER & BEER FOR \$20.00**

***\$10.00 goes to the gymnastics
team***



**CONTACT
INFORMATION**

Tel:
778-837-5252

E-mail:
info@bowenislandgymnastics.com
or
kpeel@bowenislandgymnastics.com

Snail mail:
PO Box 407

Website:
www.bowenislandgymnastics.com