

BOWEN ISLAND GYMNASTICS CLUB

Competitive Gymformation

OCTOBER 2011



FALL SESSION DATES:

Wednesdays:

no class Oct 5th

Fridays: Sept 16–Dec 2, 2011

:

***no classes Oct 7, Oct 21,
Nov 11, Nov 18th***

Make up classes:

Sat Oct 22: 12 – 3 p.m.

Sat Nov 12: 12 – 3 p.m.

Message from the Program Director

Welcome back to our returning gymnasts and a big welcome to those of you who are new competitive members to BIGC

Thank you to those parents who attended our AGM Wed Sept 21, 2011 and a big thank you to all the parents who have been showing up for the set up and take down of equipment.

Please note that due to school bookings and holiday gym closures there will be no gymnastics next week for competitive: Wed Oct 5th and Friday Oct 7th, 2011.

We will have make up sessions for both the Interclub and Provincial competitive groups on Sat Oct 22 from 12 – 3 p.m and in lieu of the practice missed on Nov 11 we will also do a make up class on Sat Nov 12th from 12 – 3 pm.

Please take a look at our Tentative Meet Schedule for 2011.

We will be sizing for our new competitive bodysuits (mandatory) as well as competitive track suits (optional) in early Dec.

Please note that it is mandatory that gymnasts wear a bodysuit and are allowed to wear 'gym" shorts during training time.

For safety reasons hair needs to be tied back and no t-shirts,pants or jewellery is allowed.

There will be new and used bodysuits and gym shorts at the gym all this month for gymnasts to purchase.

Please also note that it is our policy for parents not to be in the gym during practice.

If you have any questions or concerns please do not hesitate to contact:

Lisa Brougham
Program Director
Bowen Island Gymnastics
604-313-7286
ljbrougham@look.ca

BIGC 2012 TENTATIVE MEET SCHEDULE

February 11-12: **Interclub**: Surrey Cartwheels Meet

February 11-12: **Provincial**: North Shore Meet

March 4-5: **All Groups**: Surrey Invitational

April 13: BC Provincial Championships (**P2 who qualify**)

April: Mock meet/ training camp in whistler date TBD

May 26 -27: **All Groups**: Zone 5 Championships
(North Shore : Flicka)

June 10: **All Groups**: BC Gymnaestrada: Whistler

Please note that meet fees are due at least 6 weeks before a meet as required by the host club.

*Gymnasts will not be registered for a meet unless they have paid their meet fees for the event by the given deadline.

Meet fees range from \$65 - \$90.00.

Gymnasts are expected to arrange for their own transportation to and from meets and any extra training practices or camps off island.

Meet schedules/ times often change the week before a meet so please make sure you have carefully read all correspondence regarding the confirmation of day and time of your gymnasts competition the week before an event. If you have any questions please confirm with myself (Lisa: 604-313-7286) regarding any details of an upcoming meet or event.